

## MENTAL ENLIGHTENMENT SCIENTIFIC – METHODOLOGICAL JOURNAL



### MENTAL ENLIGHTENMENT SCIENTIFIC – METHODOLOGICAL JOURNAL

<http://mentaljournal-jspu.uz/index.php/mesmj/index>



## THE STEPS OF THE DEVELOPMENT OF LANGUAGE SKILLS THROUGH INDIVIDUAL APPROACH

**Mokhichekhra Olimovna Yalqosheva**

Foundation PhD student

Chirchik State Pedagogical University

Chirchik, Uzbekistan

E-mail: [yalqashevamohichehra@gmail.com](mailto:yalqashevamohichehra@gmail.com)

### ABOUT ARTICLE

**Key words:** Language skills, reading, listening, writing, speaking, grammar, assessment, interaction.

**Received:** 17.08.24

**Accepted:** 19.08.24

**Published:** 21.08.24

**Abstract:** Language is an integral component of communication and helps professionals interact with colleagues, managers and clients effectively. There are four core language abilities that help human beings exchange ideas, thoughts and emotions. Knowing about these four skills help to improve your communication in the workplace and interaction with customers. In this article we define language skills and explain four significant language abilities. Most importantly, this article discusses the most essential steps to improve them.

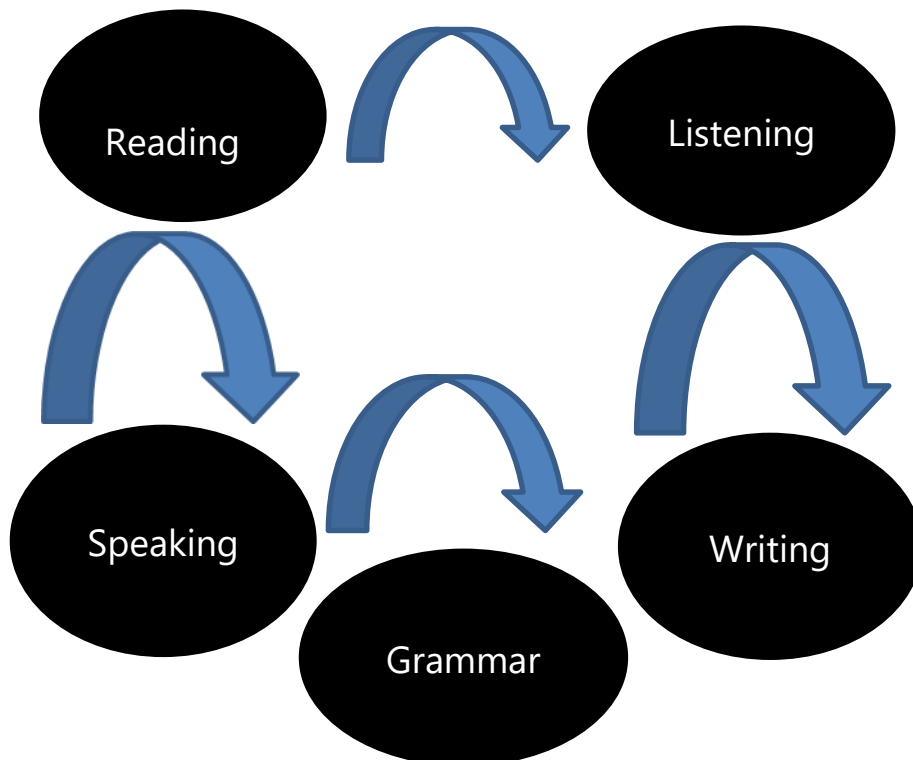
### INTRODUCTION

Educators, teachers, parents and students in Uzbekistan realize that the English language is very important as a crucial tool for communication worldwide and as an international language in the ASEAN community. However, the Uzbek education system, particularly in teaching and learning English, remains problematic. One of the problems is continued emphasis of rote practice. Students are still required to memorize English vocabulary and practice rote grammar exercises. They are given very little opportunity to think critically and to use English for communication.

On December 10, 2012 President of the Republic of Uzbekistan Islam Karimov signed a decree “On measures to further improve foreign language learning system”. It is noted that in the framework of the Law of the Republic of Uzbekistan «On education» and the National Program for Training in the country, a comprehensive foreign languages’ teaching system, aimed at creating harmoniously developed, highly educated, modern-thinking young generation, further integration of the country to the world community, has been created. (PQ-1875, December 10,2012)

## MATERIALS AND METHODS

There are only five things that must be done to learn and use English effectively. Everything you need to know about English can be put into five categories. Looking at these categories will help us to assess our English level and understand what we need to work on to improve our English. You should not be surprised to learn that these five categories are:



By looking at what is expected in each of these, you can have an idea of how good your English is and how you can improve it. We will take a closer look at each of these and learn some ways that we can strengthen each skill.

Let's start with Reading because it is arguably the most important language skill to learn. By improving our reading skill, we can also increase our vocabulary, learn correct grammar, understand different writing styles, and improve our minds in general. Furthermore, improving your reading level is one of the easiest ways to improve your English, too. The only thing that you need is a book or magazine, and a quiet place. Well, you will also have to have some dedication. The real benefits of practicing reading only grow quickly if you read every day. The writer of this article suggests sitting down for some light reading every night for about 30 minutes. You might even enjoy it!

## RESULTS AND DISCUSSION

Here is a simple assessment of reading skills for each level:

- Beginner - Elementary: Can understand simple sentences with context and time for preparation.
- Elementary to Intermediate: Can understand simple paragraphs with context and time for preparation.

- Intermediate to Advanced: Can understand complex paragraphs with context and time to prepare.

- Advanced to proficiency: Can understand complex paragraphs and extended texts with little context and no preparation.

Listening is a similar skill to reading because you are consuming information, not producing it. So understanding what others say is one of the biggest reasons to learn a language. There are many ways to improve your listening. Watching news in English can help to develop the skill. News is good because you get to practice listening while you see images at the same time helping make strong connections in your mind. Of course, listening to English songs and watching movies and series are useful, too; anything you can do to keep your ear full of English sounds.

Here is a simple assessment of listening skill for each level:

- Beginner - Elementary: Can understand a single person talk about a familiar subject.
- Elementary - Intermediate: Can understand a dialogue or conversation about a familiar topic.
- Intermediate to Advanced: Can understand extended conversations or lectures on a variety of topics.
- Advanced to proficiency: Can understand extended conversations, even on topics they are unfamiliar with.

Speaking is the skill that everyone wants to be good at in English. In addition, it is the first skill we are discussing that requires students to produce English, not to consume it. The only way to practice speaking is to speak. If you are not in an English speaking country, practice can be hard. Online video call with friends is one way to keep your speaking skills sharp. You might also see if there are any English language clubs or meet-ups in your town. If all else fails, talk to yourself. Anything you can do to keep English coming out of your mouth is a good thing.

Here is a simple assessment of speaking skills for each level:

- Beginner - Elementary: Can understand simple sentences with context and time for preparation.
- Elementary to Intermediate: Can understand simple paragraphs with context and time for preparation.
- Intermediate to Advanced: Can understand complex paragraphs with context and time to prepare.
- Advanced to proficiency: Can understand complex paragraphs and extended texts with little context and no preparation.

Writing is a skill that often gets overlooked. However, it is so important because most of the communication we do in English is through writing. We write texts, emails, post, and invitations. We write resumes, CVs, bios and profiles. I like to say that nothing gets done until somebody writes

something. But writing can be a challenging skill even in our native languages. So, one thing you can do to improve your English writing skill is to write more in your own language, as well.

Here is a simple assessment of writing skills for each level:

- Beginner - Elementary: Can write basic sentences on familiar topics using simple verb forms.
- Elementary to Intermediate: Can write more complex sentences on familiar topics using perfect and progressive verb forms.
- Intermediate to Advanced: Can write simple paragraphs, using multiple verb forms.
- Advanced to proficiency: Can write more complex paragraphs using linkers and other stylistic devices.

Grammar is the language skill that gives everyone a hard time. But we all know how important it is. Grammar tells us the rules for putting the other language skills to use. Unfortunately, there is no magic trick for becoming good at grammar. It takes patience, practice, and a little memorization. And, of course, finding a good teacher can help, too.

Here is a simple assessment of grammar skills for each level:

- Beginner - Elementary: Can use and understand simple verb forms, basic word order for statements and questions.
- Elementary to Intermediate: Can use and understand progressive and perfect verb forms, phrasal verbs, past participles, gerunds and infinitives, and passive voice.
- Intermediate to Advanced: Can understand different types of clauses and their use, different aspects of English like passive voice, reported speech, articles, and determiners.
- Advanced to proficiency: Understands and is comfortable with all aspects of grammar. Understands concepts of word formation, prefixes and suffixes, Greek and Latin roots, and all of those obscure English grammar rules.

## CONCLUSION

Learners' English studies should not be random. These five categories are the important ideas you should be thinking about as you try to improve your language skills. Assess your level in each one, and then find the specific lessons that will help you grow in the area you need. With time and effort, you, too, can become proficient in English. If these all categories' levels are taught and learned attentively, there will not be any hardships in any sphere of the English language. For productive skills, writing and speaking, learners must have an instructor who can listen and read their works, evaluate and give accurate feedback and show the most effective ways of improving all skills. If the learner studies hard and well they may achieve their expected results soon.

## REFERENCE LIST

1. Yalgasheva M.O. The necessity of individual approach in learning languages. Mental enlightenment scientific-methodological journal (5.05.2024). p 444-448

2. Bachman, L., & Palmer, A. (1996). *Language testing in practice*. Oxford: Oxford University Press.
3. Canale, M., & Swain, M. (1980). Theoretical bases of communicative approaches to second language teaching and testing. *Applied Linguistics*, 1, 1-47.
4. Council of Europe (2001) *Common European Framework of Reference for Languages: Learning, Teaching, Assessment*, Cambridge: Cambridge University Press.
5. Fitzpatrick, A., & O'Dowd, R. (2012). *English at Work: The International Research Foundation for English Language Education report*.
6. Kassim, H & Ali, F (2010) English communicative events and skills needed at the workplace: Feedback from the industry. *English for Specific Purposes*, 29(3), 168-182.
7. Powers, D. E. (2010) The case for a comprehensive, four-skills assessment of English Language Proficiency. *TOEIC Compendium Study*. ETS Publications.