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METHODOLOGICAL JOURNAL****MENTAL ENLIGHTENMENT SCIENTIFIC –  
METHODOLOGICAL JOURNAL**<http://mentaljournal-jspu.uz/index.php/mesmj/index>**HELPING STUDENTS TO UNDERSTAND AND FEEL THE  
HISTORICAL REALITY IS THE PRIORITY TASK OF US PEDAGOGUES TODAY****Sakhob Qabulov***Jizzakh State Pedagogical University**Jizzakh, Uzbekistan**E-mail: [qabulov@mail.ru](mailto:qabulov@mail.ru)***ABOUT ARTICLE**

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**Abstract:** In today's rapidly growing information age, the formation of historical consciousness and historical thinking, the formation of a sense of respect for the history of our dear land and the national and universal values of the peoples of the world, to inform students that the history of our national statehood is an integral part of world civilization, and the formation of general and enhanced competencies in the science of history are certainly the most relevant today. aspect. From this point of view, it is very important to learn from the spiritual heritage and courage of our ancestors, to teach them to become worthy successors. It is the most important point of view of today to realize the identity of people by directing them to the perception of historical events, concepts that help them grow as individuals, and to raise them in the spirit of national and universal human values.

**INTRODUCTION**

Innovation in education, through the educational process, a student who can clearly imagine his future, has a conscious attitude to his destiny and his personality, and is free to develop himself in various activities. provides for the formation of an active and independent person. In independent Uzbekistan, which is on its own path of development due to independence, ample opportunities are being created to educate young people who can think in a new way, who can react freely and objectively to the happening events, who have learned the secrets of communication, who are creative and critical. Now, higher education institutions have the task of forming not only an educated person, but also an intelligent and well-rounded person who can foresee events, has the ability to make the

right decisions, and understands the need for self-development. it's happening. In fact, only educated, mentally fresh, healthy and physically strong people can walk the path of independence and development. Based on the above considerations, it can be said that bringing up the young generation, which is being formed as the creators of the fundamental reforms being implemented in our republic, their education at the level of the requirements of the time, their maturity as individuals, learning the secrets of their profession and preparing them to solve their daily tasks are the main problems. is on the agenda of the educational process.

### **MATERIALS AND METHODS**

Of course, in these processes, it is worth noting that the teacher of history should be ready for active scientific research and professional methodical activities, be a researcher and know how to design students' research activities, and for this the following is necessary in higher education institutions:

1. inculcate the need for regular familiarization with scientific literature;
2. to educate the ability of creative thinking;
3. formation of skills to perform various scientific works;
4. learning the art of making rational and far-sighted decisions, taking into account the trends of science development.

A.A. Verbisky states as follows: since professional activity is provided not by the knowledge of the entire demonstrative science, but by their system, it requires the integration of educational sciences. The didactic conditions of such integration organize the educational process in new forms, they require the emergence of advanced pedagogical technologies together with traditionalism. Today, it is considered an important task to form an independent and free-thinking person who is able to consciously participate in social and political life and is responsible for the fate of his country and family. Therefore, ensuring the integrity of these pedagogical technologies depends on the teacher's pedagogical skills, of course. A teacher is a person who has a high and constantly improving art of upbringing and teaching, which every pedagogue who works in his profession and loves children can achieve. A pedagogue should be a master of his work, a highly cultured specialist who has deep knowledge of his subject, is well acquainted with the relevant fields of science or art, has practical knowledge in general and especially children's psychology, and has a perfect knowledge of teaching and upbringing methods.

Understanding the historical reality and being able to feel it is a creative approach for the student, of course. According to N. Muslimov and Sh. Sharipov, in order to develop creative thinking, each of them should be treated individually. One of the most important ways to develop creative thinking is to involve students in solving problem questions or assignments at different levels, to

teach them to find their solutions independently. In practice, problem questions or tasks can be used in the process of developing creative thinking.

There are opinions of many ancient, medieval, modern and modern scholars on the problem of creativity. A little understanding of creativity arises in the Middle Ages, first of all, as a creation of history. According to the medieval imagination, history takes part in the realization of these human divinity in the world. This makes it the basis for understanding creativity as something unique and irreversible. In this, the field of creativity is, first of all, historical creativity, moral and religious practices. Artistic and scientific creativity is secondary.

A creative approach to education provides an opportunity to fully implement individualized teaching. Since there is freedom in the creative imagination, it is related to invention, because it has an aspect of necessity (creativity), which is directly related to the ideas of genius and, consequently, to the spiritual world.

The problems of creativity were organized by Schelling, who believed that the creative ability of the imagination is a unity of conscious and unconscious activity, because the most talented genius with this ability, like the genius of nature, creates in a state of wonder and unconsciousness, the process still shrinks in the state of human subjectivity and therefore depends on his freedom. According to Schelling, the work of the artist and philosopher represents the highest form of human activity.

To be able to explain the meaning of historical toponomic terms that are important in the description of historical reality, to be able to use additional literature and sources in providing information about historical processes and events, to use and react to information given in the mass media and historical-artistic works. to observe the information culture, to independently study historical sources, to be able to collect additional information on the topic, to draw conclusions, to evaluate, to express an independent opinion, to be able to independently select historical literature on the topic, to be able to prepare independent works and presentations, o Important processes and situations, such as building a family tree, are constantly taught to students during the period of study. And at the same time, students are gradually formed to understand and feel the historical reality.

After the independence of the national state of Uzbekistan, education became a priority area of state policy, and fundamental reforms in this area began to be implemented. Studying the history of Uzbekistan occupies a central area in this regard. Today, in a historical period, our nation is living a peaceful life with noble and noble goals, relying primarily on its own strength and capabilities, achieving great results in the way of building a democratic state and civil society. we live in a time. Many of the author's concepts and approaches implemented in history textbooks are still difficult to accept by teachers and students today. In many cases, the principle of integrity of historical education

is violated. A multiplicity of authorship approaches does not in any way guarantee high quality textbooks.

While science and technology are developing rapidly, the volume of scientific understanding and imagination is increasing. On the one hand, the differentiation of new fields and branches of science and technology is ensured, and on the other hand, the integration of sciences is created.

## **RESULTS AND DISCUSSIONS**

The desire to know the identity of one's ancestors, genealogy, and the history of the Motherland where one was born and grew up is a characteristic characteristic of every sane person. That is why self-awareness begins with knowing history. A person with historical memory is a strong-willed person, and without knowing the true history, one cannot create the future. In this sense, the science of history sets the following objectives:

Teaching history and being able to explain it to the audience is carried out through the following tasks:

1. to learn to learn from the spiritual heritage and courage of our ancestors, to become their worthy heirs;
2. to understand the identity of listeners by directing them to perceive historical events;
3. to educate in the spirit of concepts, national and universal human values that help to develop as a person;
4. to always encourage the preservation of ancestors and the heritage they left for generations;
5. in order to become a mature and qualified professional staff, it is necessary to study our history in depth, and at the same time learn the necessary lessons from history;

In this regard, in the Republican educational system, it is necessary to continuously improve the quality and level of professional skills of pedagogues, to train highly qualified, creative and systematic thinkers, who can make independent decisions based on international standards, to demonstrate their intellectual abilities and to form them as spiritually mature individuals. - important tasks such as creating conditions were defined.

In history education, it is important what students know, what they study independently, what problems they study. In addition to knowing the content of historical events, students should be able to compare historical events with each other, think independently, evaluate them, explain the essence of events, and express them in writing. It is important for them to be able to distinguish second-level events from first-level events, analyze them socially and draw conclusions.

Based on the above, the main purpose of studying history is evident in the following:

1. formation of historical thinking, self-awareness, prevention of spiritual gaps by studying history;

2. Forming and developing a sense of responsibility for the fate of the homeland, nation, respect for universal and national values;
3. by realizing that the history of our country is a part of world history, learning to learn moral education and lessons from the deeds and courage of our great ancestors;
4. on the basis of historical events and events, to inculcate that History is the basis of people's spirituality;
5. to inculcate that every nation must protect its history from various influences and aggressions;
6. explaining that there is no future without historical memory;

### CONCLUSION

History is the great memory of humanity, because without history, one cannot step into the future. The information, conclusions and sense of pride obtained from history are the source of a reliable step for the future. This opinion is expressed by our honour writer Chingiz Aitmatov "... You can be deprived of land, you can be deprived of wealth, you can be deprived of life. But the attack on human memory... is an intolerable tragedy." However, "The future of every nation depends on the level of teachers, whether we like it or not. We should never forget this fact" (Erkin Vahidov).

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