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CHILDREN'S MINI-FOOTBALL IN THE MINES OF OUR COUNTRY

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ABOUT ARTICLE

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Abstract: For a short time of its development street mini-soccer found in Uzbekistan great popularity Am one School pupils and student youth. Rules of competitions of teams 5*5, 6*6 are approved. Street mini-soccer pleases not only children, but also their parents, adults, gets support of the state and organically connected to interests of adult population in soccer as to the concerning show.

Introduction

In recent years, consistent measures have been implemented in our republic to popularize physical education and sports, promote a healthy lifestyle among the population, create necessary conditions for the physical rehabilitation of persons with disabilities, and ensure the country's worthy participation in international sports arenas. The Decree of the President of the Republic of Uzbekistan Sh. Mirziyoyev dated January 24, 2020, No. PF-5924, "On Measures to Further Improve and Popularize Physical Education and Sports in the Republic

of Uzbekistan,” and the Resolution No. PQ-136, “On Measures to Develop Football Infrastructure and Expand Its Network in Neighborhoods,” outline tasks aimed at establishing an effective system for selecting and training promising and talented football players, forming a high-quality sports reserve for national teams and professional football clubs, developing football infrastructure starting from neighborhoods, and further improving the selection process for talented football players for football schools and academies.

To form a well-rounded, physically healthy individual with high cultural values in the country, special attention is being paid to identifying priority directions aimed at enhancing the qualifications and knowledge of the population in the field of physical education and sports, as well as introducing innovative forms and methods into the process of selecting talented athletes (selection) (1).

The Resolution of the President of Uzbekistan dated November 3, 2023, No. PQ-355, aims to expand football-educational institutions and develop football infrastructure meeting international standards. It assigns neighborhood youth leaders tasks to promote football among youth, ensure effective use of sports facilities, form neighborhood teams for various age groups, provide sports equipment, and create additional conditions for these teams. Efforts in this direction are evident.

The core objective of the aforementioned decrees and resolutions is to engage children in sports from an early age, igniting a passion and love for physical activities, and nurturing the younger generation into physically developed, well-rounded individuals. The vision is to instill in both boys and girls, starting from their childhood in neighborhoods and schools, the belief that sports are an integral and lifelong companion. The aim is for sports to become a true, enduring friend in their lives, fostering not only physical health but also discipline, teamwork, and resilience. To achieve this, comprehensive measures are being implemented to create all necessary conditions and opportunities, including accessible sports facilities, trained coaches, and structured programs tailored to young athletes. These efforts are designed to ensure that

every child has the chance to embrace sports as a vital part of their personal growth, with the infrastructure and support systems in place to sustain their involvement and development over time. [2,3].

Based on the principles of continuity and consistency, a unique system of organizing sports games, unparalleled in global practice, has been implemented over several years. This system primarily aims to instill the principles of a healthy lifestyle in the minds of every young person, encouraging their active and widespread participation in phased competitions held throughout the year to spark interest in various sports. It also seeks to foster a natural inclination for daily sports activities among youth. The primary objective of the decree is to support the implementation of state policy in promoting physical education and sports among children, igniting enthusiasm for sports in the younger generation, protecting youth from harmful influences, and nurturing them in the spirit of patriotism. This approach not only promotes physical well-being but also cultivates discipline, resilience, and a sense of national pride, ensuring that sports become a vital tool for holistic youth development while safeguarding them from negative societal pressures. [4].

The population of our republic exceeds 37.6 million people, with 1,327,291 individuals engaged in football, including 818,000 women. Since 2022, over 261,000 youths and adolescents aged 7 to 18 have participated in organized mass and amateur football tournaments.

Since 2022, a five-stage system of mass sports competitions in football and mini-football has been introduced annually, held traditionally on June 30, Uzbekistan Youth Day, and during the “Youth Forum” in December. This system aims to engage youth in sports, promote a healthy lifestyle, and foster community spirit through structured tournaments. The stages are as follows: the first stage involves inter-street neighborhood competitions; the second stage consists of inter-neighborhood sector competitions; the third stage includes district (city) competitions among winning neighborhood teams from the sector level; the fourth stage

features provincial competitions among the winning district (city) neighborhood teams; and the fifth stage comprises republican (final) competitions among the winning provincial neighborhood teams. This progressive structure encourages participation at grassroots levels, builds competitive spirit, and provides a pathway for talented athletes to shine on a national stage, strengthening community ties and youth development through sports.

Children's sports in Uzbekistan are yielding significant results, showcasing the country's growing prowess in nurturing young talent. Notably, in 2023, Uzbekistan's under-20 national football team won the gold medal at the Asian Championship held in Tashkent, marking a proud moment for the nation. In the same year, at the FIFA U-17 World Cup in Indonesia, Uzbekistan's young footballers secured a place among the top eight teams, demonstrating their competitive strength on the global stage. Furthermore, in 2024, Uzbekistan's Olympic national team achieved a historic milestone by qualifying for the Paris Olympics for the first time, reflecting the country's commitment to advancing youth sports and fostering a culture of excellence. These accomplishments highlight the effectiveness of Uzbekistan's sports development programs, which continue to inspire and elevate the aspirations of young athletes, contributing to national pride and international recognition.

As a result of the efforts to develop and popularize mass sports in our country, opportunities to achieve such significant successes have emerged. In every district of Tashkent city, small-sized football fields with artificial turf have been constructed. The advantage of these fields is their location within the street areas of city buildings and close proximity to residential areas. Children living nearby do not have to travel long distances or spend much time reaching these training grounds. Another key benefit of these fields is that they can be used for training and competitions year-round. For instance, in Tashkent's Mirzo Ulugbek district, more than 40 such playing fields have been built, where training sessions and competitions in mini-football, including 5x5 and 6x6 formats, are regularly held based on approved regulations.

Mini-football for children in neighborhoods brings joy not only to the children but also to their parents and is supported by the state. Thanks to such competitions, specialists can conduct selection processes, identifying young footballers for specialized sports schools, football academies, and preparatory groups of skilled teams.

Objective of the Study: To examine the attitudes of coaches and parents toward the participation of children and adolescents in neighborhood street mini-football.

One of our primary tasks was to identify the future playing potential of children for selection into specialized football sports schools (ISS).

The study involved 900 young athletes aged 8–12, approximately 20 parents, and 29 coaches and referees from neighborhood teams, aged 35.6 ± 10.1 years.

Pedagogical research methods were used to collect data: interviews in the form of conversations with young footballers, their parents, and coaches, as well as a standardized questionnaire survey conducted among participants, consisting of 11 questions (table).

The questionnaire required respondents to answer in the first person, which increased the subjectivity and reliability of the collected data.

Survey results of young football players

No	Questions	M	m
1.	I like playing football	9,52	2,03
2.	I am satisfied with the relationships within the team.	9,29	1,25
3.	I am satisfied with my achievements in football.	8,50	1,79
4.	I am satisfied with my relationship with my coach.	8,42	1,69
5.	I am satisfied with the achievements in football.	8,37	1,90
6.	I want to receive awards for my football achievements at school	8,15	1,99
7.	I want to become a champion in football.	7,72	2,40
8.	I am satisfied with my achievements at school	7,50	2,11
9.	I want to become a famous football player.	6,95	2,82
10.	I feel confident before a game.	6,90	2,02
11.	I want to become a football coach..	6,20	2,98

According to the survey technique, after each respondent was given instructions, they had to give a specific score for each answer from 0 (not interesting, unimportant) to 10 (very interesting, highly important). The survey was conducted in the districts of Tashkent, where street mini-football is very popular. The data obtained were analyzed using a computer program. It turned out that the mini-football game in the neighborhoods is of great personal importance for adolescents. In the game, children express themselves spontaneously. Running after the ball, trying to score a goal into the opponent's goal, children develop their physical and psychological qualities. By passing the ball to each other, deceiving the opponent with feints, they develop coordination skills and such qualities as understanding each other in team interactions in the game. That is why children who play football are happy (this was noted in the survey). The game is highly interesting for them (9.5+2.03), in second place in terms of the importance of the game for teenagers is the sense of personal satisfaction in their relationships with teammates (9.25+1.25), and in third place is the satisfaction that the player gets from their game itself (8.50+1.75).

The questions that are of great importance for the respondents are the children's satisfaction with their school success (7.50+2.11), their relationship with the coach (8.42+1.69), the desire to receive awards for their successes in sports (8.37+1.90) and school (8.15+1.99), their aspirations to become a champion in football (7.72+2.40), and the level of importance they assess before the games (6.90+2.02).

For young football players, their desire to become a football coach (6.20+2.98), as well as their desire to become a famous football player (6.95+2.82) were of moderate importance.

Thus, mini-football lessons are not only a means of satisfying the natural needs of children and adolescents for active game communication and mass health improvement, but they also successfully solve the tasks of physical and spiritual education of the younger generation.

In conclusion, it can be said that the conducted surveys and observations of children's mini-football games in neighborhoods showed that for young athletes, the main value is not the winning score of goals scored, but the emotional spirit of the game and the attractiveness of the game. The dynamics of this game, motor density and, first of all, the high load on attention function and intellectual activity are very important.

The game of mini-football in the neighborhoods is a game where not separate techniques and tactics are used, but various areas of athlete training are combined into a whole. In addition, mini-football in the neighborhood is a developed method and means of teaching children to actively participate in cultural leisure.

Playing according to the rules of football, children begin to master the concepts and skills of mutual relations in sports, learn to respect each other. For each athlete, of course, victory in the game is important. But for society, the improvement and physical development of children through sports is more important.

For children in the neighborhood, the convenience of mini-football in the neighborhood is a gift of fate for them, because it gives a new meaning to their childhood. Children understand the language of the football game well, they like its athletic effect and bring pleasure. After the game, children return home in a good mood and receive satisfaction from the praise of their parents for their good performance.

Children, playing mini-football in the neighborhood, join the Olympic sport in the unified language of the competition rules. They want to imitate famous football players, and some of them become stars after being noticed by various breeders and invited to sports schools and clubs.

References:

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4. Akhmatov M.S. National system of formation of physical and intellectual resources of studying youth of Uzbekistan. // Fan-sportga, 2012, No. 4, pp. 12-19.